Arolygiaeth Gofal Iechyd Cymru
Healthcare Inspectorate Wales

12 Mawrth / 12 March 2020

**Roliwch i lawr i'r Saesneg / Scroll down for English text**

**Gwybodaeth, cyngor a chanllawiau ar achosion Coronafeirws (COVID-19).**

Annwyl ddarparwr,

Fel rheoleiddiwr ac arolygiaeth gofal iechyd annibynnol yng Nghymru, mae Arolygiaeth Gofal Iechyd Cymru yn rhannu gwybodaeth â darparwyr cofrestredig ar COVID-19. Darllenwch y neges isod a chymryd camau.

Mae Llywodraeth Cymru a llywodraethau eraill y DU wedi cyhoeddi cynllun gweithredu ar y cyd sy'n nodi eu dull cyfunol o ymdrin â'r achosion cyfredol o COVID-19. Nod y cynllun yw:

- **Ymatal** y firws cyn belled â phosibl,
- **Oedi** fe rhag ei ledaenu
- **Ymchwilio**'r firws i leihau ei effeithiau, a
- **Lliniaru** ei effaith, drwy wthio brig y ton o achosion i ffwrdd o dymor y gaeaf, a darparu'r gofal gorau posibl i'r rhai a allai fynd yn sâl.

Mae'r wybodaeth a'r cyngor diweddaraf ar COVID-19 ar gael ar wefan Iechyd Cyhoeddus Cymru. Yma cewch wybodaeth a chanllawiau am nodweddion clinigol y firws, yn ogystal â chyngor i'r cyhoedd a gweithwyr proffesiynol.

A fyddech cystal â nodi'r tudalennau'r we hyn er mwyn cael y wybodaeth, y cyngor a'r canllawiau diweddaraf sy'n berthnasol i Gymru.

Os oes gennych achos o COVID-19 yn eich gwasanaeth, rhowch wybod i ni fel y byddech yn ei wneud fel arfer am unrhyw achos o glefyd heintus. Gellir dod o hyd i ragor o wybodaeth am hysbysiadau yma.

Diolch yn fawr
**Arolygiaeth Gofal Iechyd Cymru**

Gwirio bod pobl yng Nghymru yn derbyn gofal da

Checking people in Wales are receiving good care

Llywodraeth Cymru / Welsh Government
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**Information, advice and guidance on the outbreak of Coronavirus (COVID-19).**

Dear provider,

As the regulator and inspectorate of independent healthcare in Wales, Healthcare Inspectorate Wales is sharing information with registered providers on Coronavirus (COVID-19). Please read the message below and take action.

The Welsh Government and other UK Governments have jointly published an action plan setting out their collective approach to the ongoing outbreak of COVID-19. The plan aims to:

- **Contain** the outbreak as far as possible,
- **Delay** its spread,
- **Research** the virus to lessen its effects, and
- **Mitigate** its impact, by pushing the peak number of cases away from the winter season, and providing the best care possible for those who may become unwell.

The latest information and advice in relation to COVID-19 is available on the Public Health Wales website. Here you will find information and guidance about the clinical features of the virus, as well as advice for the public and professionals.

Please bookmark these web pages to stay up-to-date with information, advice and guidance relevant to Wales.

If you have an outbreak of coronavirus in your service, please notify us as you would normally do for any outbreak of an infectious disease. More information about notifications can be found here.

Many thanks
**Healthcare Inspectorate Wales**